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NEWS RELEASE

PA Homecare Association Releases COVID-19 Video Series for Direct Care Workers, Family Caregivers

Lemoyne, Pa. (October 12, 2020) – The Pennsylvania Homecare Association (PHA) has added seven COVID-19 specific videos to its training website, *My Learning Center*. The videos are free to access and designed specifically for direct care workers and family caregivers. The video series was made possible through a generous grant from the United Health Foundation.

In May, the United Health Foundation awarded a \$750,000 grant to the Pennsylvania Foundation for Home Care and Hospice, PHA's foundation, to help support home-based care workers in responding to COVID-19. In addition to the development of the training courses, the Foundation has utilized this grant to purchase and distribute tens of thousands of personal protective equipment (PPE) items to home-based care providers across Pennsylvania.

The new videos are intended to assist caregivers during COVID-19, with topics including donning and doffing PPE, top tips and recommendations for caregivers, what to do if you get sick, recognizing behavioral health changes, and practicing self-care.

My Learning Center now hosts more than 80 online training opportunities. Since launching in 2010, PHA has collaborated with members and industry experts to develop new content annually. Courses range from Alzheimer's and dementia care to infection control and pain management. In total, nearly 3.5 million courses have been completed by more than 160,000 caregivers. The site has been supported through grant funding from the Pennsylvania Department of Aging since its conception.

"Whether you are a veteran caregiver looking to refresh your skills or new to the industry, My Learning Center is a great resource. We greatly appreciate the Pennsylvania Department of Aging's ongoing support for our trainings and are excited to offer these COVID-19 specific videos thanks to the United Health Foundation," said Teri Henning, PHA CEO.

Individuals interested in completing training courses can access My Learning Center online at learningcenter.pahomecare.org. A full list of courses can be found [here](#).

About PHA... The Pennsylvania Homecare Association is a statewide membership organization of more than 700 homecare, home health and hospice providers. PHA members provide quality care and serve as advocates for their patients and clients on a variety of healthcare related issues. PHA and its members work to improve professional standards and ensure access to quality home-based care throughout the Commonwealth. To learn more, visit www.pahomecare.org.

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