



FOR IMMEDIATE RELEASE

NEWS RELEASE

PA Homecare Association Expands Free Training Opportunities for Direct Care Workers, Family Caregivers

Lemoyne, Pa. (July 2, 2020) – The Pennsylvania Homecare Association (PHA) has added three new courses and one translated course to its free training website, My Learning Center. The site, funded through a grant from the Pennsylvania Department of Aging, offers more than 75 free video courses designed to enhance the skills of direct care workers and family caregivers. Since launching in 2010, nearly 3.5 million courses have been completed by more than 160,000 caregivers.

Each year, PHA collaborates with members and industry experts to develop new content for My Learning Center. This year's topics include improving consumers' mobility, protecting seniors' skin, and the effects of the opioid crisis. In addition to new topics, PHA also translated the popular training, *Bathroom Blues*, for Spanish speaking caregivers.

The training videos range from five to 25 minutes and feature first-hand accounts of families, seniors, caregivers, and industry experts. Video courses include topics on Alzheimer's and dementia care, infection control, safety, pain management, and more.

"From caring for LGBT consumers to recognizing the signs of heat stroke, the course offerings provided on My Learning Center address a wide range of issues caregivers face on a daily basis. These brief, engaging videos are a great resource for both new and veteran caregivers, and we thank the Pennsylvania Department of Aging for its continued support," said Teri Henning, PHA CEO.

Individuals interested in completing training courses can access My Learning Center online at learningcenter.pahomecare.org. A full list of courses can be found [here](#).

About PHA... The Pennsylvania Homecare Association is a statewide membership organization of more than 700 homecare, home health and hospice providers. PHA members provide quality care and serve as advocates for their patients and clients on a variety of healthcare related issues. PHA and its members work to improve professional standards and ensure access to quality homecare throughout the Commonwealth. To learn more, visit www.pahomecare.org.

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